

## REVIEW ARTICLE

# A Review on Nitrosamine Impurities in Pharmaceutical Products



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**Abstract:** Nitrosamine impurities in pharmaceutical products could be a critical quality concern since their initial detection in sartan-based medications in 2018. These genotoxic compounds can form during drug synthesis, manufacturing, storage, or degradation through various pathways involving secondary or tertiary amines and nitrosating agents. The acceptable daily intake limit of 26.5 nanograms established by regulatory authorities reflects the serious carcinogenic potential of these compounds. Multiple analytical techniques including LC-MS/MS, GC-MS, and HPLC have been developed and validated for detecting trace levels of nitrosamines such as N-nitrosodimethylamine (NDMA) and N-nitrosodiethylamine (NDEA) in pharmaceutical products. Root cause investigations have identified several factors contributing to nitrosamine formation, including contaminated raw materials, degradation of solvents like DMF, cross-contamination during manufacturing, and API instability. Prevention strategies focus on controlling nitrosating conditions, using nitrite scavengers like ascorbic acid and  $\alpha$ -tocopherol, and implementing robust analytical testing protocols. Recent cases involving valsartan, ranitidine, and metformin have led to significant regulatory oversight and development of control frameworks. The knowledge of formation mechanisms combined with sensitive analytical methods and preventive measures continues to evolve to ensure patient safety through elimination of these harmful impurities from pharmaceutical products.

**Keywords:** Nitrosamine impurities; Genotoxic impurities; Pharmaceutical analysis; Drug safety; Formation mechanisms

## 1. Introduction

Nitrosamines are a class of genotoxic compounds formed through the interaction of secondary or tertiary amines with nitrosating agents. Their discovery in pharmaceutical products has raised significant concerns due to their established carcinogenic potential [1]. The initial identification of nitrosamine impurities in pharmaceutical products occurred in 1874 when Otto N. Witt discovered them as condensation products during experiments with nitrous acid and amines [2]. However, their significance in pharmaceutical quality remained largely unexplored until 2018, when N-nitrosodimethylamine (NDMA) was detected in valsartan products [3]. Nitrosamines can form through multiple pathways during pharmaceutical manufacturing and storage. The primary formation mechanism involves the reaction between secondary or tertiary amines and nitrosating agents under specific conditions, particularly in acidic environments [4]. The presence of these impurities can result from contaminated raw materials, degradation of solvents, cross-contamination during manufacturing, or API instability [5].

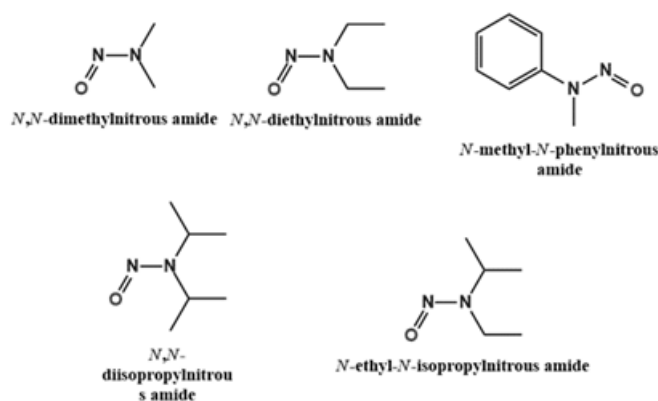


Figure 1. Structures of Nitrosamine Impurities

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## 2. Chemical Nature and Formation of Nitrosamines

### 2.1. Structure and Properties

Nitrosamines contain the characteristic N-N=O functional group, where one nitrogen atom carries two organic substituents [10]. Their physical properties vary depending on the alkyl or aryl substituents, but most pharmaceutical nitrosamine impurities are small, relatively polar molecules with good solubility in both aqueous and organic media [11]. Common pharmaceutical nitrosamine impurities include:

- N-Nitrosodimethylamine (NDMA)
- N-Nitrosodiethylamine (NDEA)
- N-Nitrosodiisopropylamine (NDIPA)
- N-Nitrosoethylisopropylamine (NEIPA)
- N-Nitroso-di-n-butylamine (NDBA)
- N-Nitrosomethylethylamine (NMEA)
- N-Nitroso-di-n-propylamine (NDPA)
- N-Nitroso-N-methyl-4-aminobutyric acid (NMBA)

Table 1. Common Pharmaceutical Nitrosamines and Their Physical Properties

| Nitrosamine | Molecular Weight | Log P | Boiling Point (°C) | Solubility in Water |
|-------------|------------------|-------|--------------------|---------------------|
| NDMA        | 74.08            | -0.57 | 154                | Miscible            |
| NDEA        | 102.14           | 0.48  | 177                | 106 g/L             |
| NDIPA       | 130.19           | 1.36  | 206                | 13.5 g/L            |
| NEIPA       | 116.16           | 0.94  | 192                | 28.7 g/L            |
| NDBA        | 158.24           | 2.63  | 236                | 1.27 g/L            |
| NMEA        | 88.11            | -0.18 | 163                | 300 g/L             |

### 2.2. Formation Mechanisms

#### 2.2.1. Primary Formation Pathways

The formation of nitrosamines in pharmaceutical products occurs through several established mechanisms. The most common pathway involves the reaction between secondary amines and nitrous acid, generated in situ from nitrites under acidic conditions [12]. This reaction proceeds through the formation of a nitrosonium ion ( $\text{NO}^+$ ), which then attacks the amine nitrogen [13].

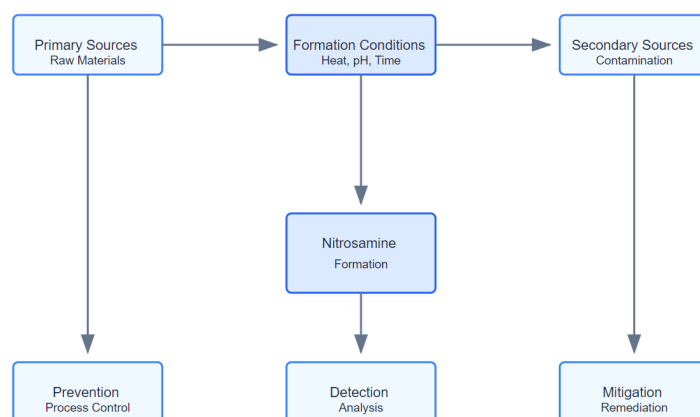


Figure 2. Pathways for Formation of Nitrosamine Impurities

#### 2.2.2. Secondary Formation Routes

Alternative formation pathways include:

- Degradation of tertiary amines followed by nitrosation
- Reaction of primary amines with nitrites leading to diazonium intermediates

- Decomposition of N-nitrosamino acids
- Nitrosation by nitrogen oxides in air [14]

### 2.2.3. Environmental and Process Factors

Temperature, pH, and the presence of catalysts significantly influence nitrosamine formation kinetics in pharmaceutical processes. Acidic conditions particularly facilitate nitrosation reactions by promoting the formation of nitrous acid from nitrite ions. The reaction rate increases substantially at pH values below 4, while becoming negligible in alkaline conditions [15]. Metal ions, especially copper and iron, can catalyze these reactions by stabilizing reaction intermediates and lowering activation energy barriers [16].

### 2.2.4. Solvent-Mediated Formation

The choice of solvents in pharmaceutical manufacturing processes plays a crucial role in nitrosamine formation. N,N-dimethylformamide (DMF), commonly used as a polar aprotic solvent, can decompose under thermal stress or basic conditions to generate dimethylamine. This decomposition product readily undergoes nitrosation when exposed to nitrosating agents, leading to NDMA formation [17]. Similar mechanisms occur with other amide solvents such as N,N-dimethylacetamide and N-methylpyrrolidone [18].

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## 3. Sources of Nitrosamine Contamination

### 3.1. Contamination of Raw Materials

Raw material quality directly impacts nitrosamine formation in pharmaceutical products. Sodium azide, commonly used in tetrazole ring formation, often contains sodium nitrite as an impurity. This contamination stems from the manufacturing process of sodium azide itself, where sodium nitrite serves as a starting material [19]. The presence of nitrite in combination with amine-containing compounds creates conditions favorable for nitrosamine formation during API synthesis [20].

### 3.2. Manufacturing Process Variables

#### 3.2.1. Equipment-Related Factors

Manufacturing equipment design and maintenance significantly influence nitrosamine contamination. Cross-contamination can occur when equipment is used for multiple products without adequate cleaning validation. Stainless steel surfaces may catalyze nitrosation reactions, particularly in the presence of residual nitrites and amines [21]. The accumulation of reaction intermediates in hard-to-clean areas of equipment presents additional risks for nitrosamine formation during subsequent manufacturing campaigns [22].

#### 3.2.2. Process Parameters

Critical process parameters such as reaction temperature, pressure, and mixing conditions affect nitrosamine formation. Extended heating periods, particularly during drying operations, can accelerate the degradation of amine-containing compounds and promote nitrosamine formation. Inadequate mixing during pH adjustments may create localized acidic regions favorable for nitrosation reactions [23].

### 3.3. Storage and Degradation Pathways

#### 3.3.1. Stability Considerations

The stability of pharmaceutical products during storage presents another avenue for nitrosamine formation. Environmental factors such as temperature, humidity, and light exposure can trigger degradation reactions leading to nitrosamine formation. For instance, ranitidine demonstrates particular susceptibility to NDMA formation during storage, especially under elevated temperature conditions [24]. The presence of nitrite-containing packaging materials or atmospheric nitrogen oxides may contribute to nitrosamine formation during long-term storage [25].

#### 3.3.2. Degradation Mechanisms

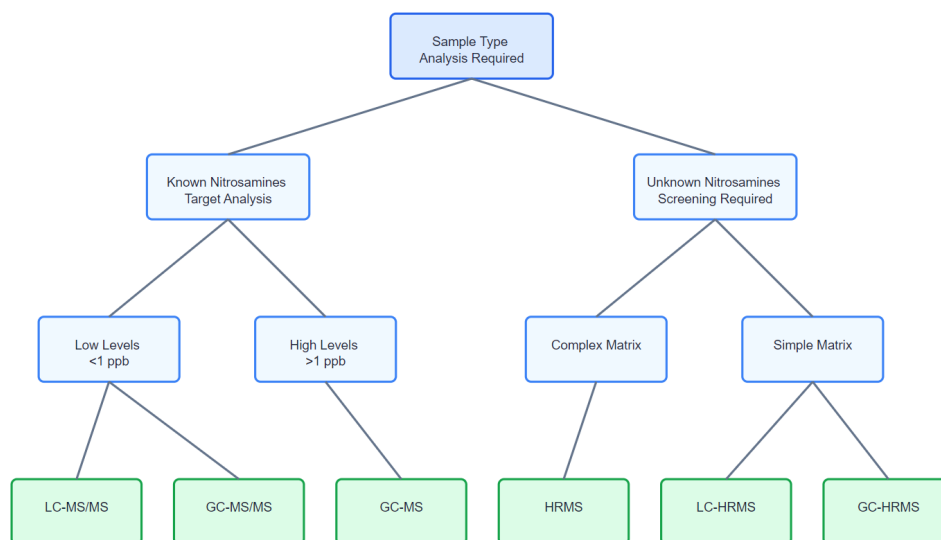
API degradation often involves complex reaction networks that can generate nitrosamine precursors. In the case of metformin, the degradation of the biguanide structure can release methylamine, which subsequently undergoes nitrosation. Similar degradation pathways exist for other amine-containing drugs, where the breakdown of the parent molecule creates conditions favorable for nitrosamine formation [26].

## 4. Analytical Methods for Nitrosamine Detection

### 4.1. Chromatographic Techniques

#### 4.1.1. High-Performance Liquid Chromatography (HPLC)

HPLC methodology has evolved significantly for nitrosamine analysis in pharmaceutical products. The selection of stationary phases plays a crucial role in achieving adequate separation and sensitivity. C18 columns modified with polar embedded groups demonstrate superior selectivity for nitrosamine separation, while phenyl-hexyl columns offer complementary selectivity through  $\pi$ - $\pi$  interactions [27]. Mobile phase optimization typically involves acetonitrile-water or methanol-water systems, with careful consideration of pH control to maintain consistent retention times and peak shapes [28].



**Figure 3. Analytical Method Selection for Determination of Nitrosamines**

#### 4.1.2. Gas Chromatography

Gas chromatography offers distinct advantages for volatile nitrosamine analysis. The development of specialized injection techniques, particularly headspace sampling, has improved detection limits and reduced matrix interference. Temperature-programmed injection helps minimize thermal degradation while maintaining chromatographic efficiency. Modern GC columns with low-bleed stationary phases and optimized film thickness provide excellent resolution of structurally similar nitrosamines [29].

## 4.2. Detection of Mass Spectrometry

#### 4.2.1. LC-MS/MS Applications

Triple quadrupole mass spectrometry coupled with liquid chromatography enables highly selective and sensitive nitrosamine detection. Multiple reaction monitoring (MRM) transitions specific to each nitrosamine allow quantification at sub-ppb levels. Electrospray ionization in positive mode generates characteristic molecular ions, while collision-induced dissociation produces diagnostic product ions. The optimization of ion source parameters and collision energies significantly impacts method sensitivity [30].

**Table 2. LC-MS/MS Method Parameters for Determination of Nitrosamine**

| Compound | Precursor Ion (m/z) | Product Ion (m/z) | Collision Energy (eV) | RT (min) |
|----------|---------------------|-------------------|-----------------------|----------|
| NDMA     | 75.1                | 43.2, 58.1        | 15, 10                | 2.8      |
| NDEA     | 103.1               | 75.1, 47.2        | 12, 15                | 3.5      |
| NDIPA    | 131.1               | 89.1, 43.2        | 12, 15                | 4.2      |
| NMBA     | 147.1               | 117.1, 44.1       | 10, 15                | 3.0      |
| NDBA     | 159.1               | 103.1, 41.2       | 15, 20                | 5.8      |

#### 4.2.2. GC-MS Methodology

GC-MS methods employ both electron ionization and chemical ionization techniques. Electron ionization provides rich fragmentation patterns useful for structural confirmation, while chemical ionization offers enhanced sensitivity for molecular ion detection. The application of selected ion monitoring (SIM) mode allows detection limits comparable to LC-MS/MS methods. Modern time-of-flight and triple quadrupole GC-MS systems provide additional selectivity through accurate mass measurement and MS/MS capabilities [31].

### 4.3. Sample Preparation Techniques

#### 4.3.1. Extraction Techniques

Sample preparation methodology significantly influences analytical method performance. Liquid-liquid extraction using dichloromethane or ethyl acetate provides efficient nitrosamine isolation from aqueous matrices. Solid-phase extraction utilizing mixed-mode sorbents combines reversed-phase and ion-exchange mechanisms to achieve selective enrichment. The incorporation of isotope-labeled internal standards early in the sample preparation process compensates for extraction variability [32].

#### 4.3.2. Management of Matrix Effects

Matrix effects present significant challenges in nitrosamine analysis. The development of matrix-matched calibration standards helps ensure accurate quantification. Standard addition techniques prove valuable for complex pharmaceutical formulations where matrix effects cannot be completely eliminated. The application of dispersive solid-phase extraction cleanup steps reduces matrix interference while maintaining method sensitivity [33].

#### 4.3.3. Method Validation

Method validation for nitrosamine analysis requires careful consideration of regulatory requirements. Linearity assessment typically spans from 50% to 150% of specification limits. Precision must show acceptable repeatability at the specification limit and detection limit levels. Specificity evaluation includes potential interference from related substances and degradation products. Stability of analytical solutions and extract requires verification under typical laboratory conditions [34].

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## 5. Control Measures for Prevention of Nitrosamine Impurities

### 5.1. Manufacturing Process Controls

#### 5.1.1. Raw Material Quality Management

Implementation of stringent raw material specifications represents a fundamental control strategy. Advanced supplier qualification programs include specific testing for nitrite content in high-risk materials. Certificate of analysis requirements have expanded to include guarantees regarding the absence of nitrosating agents. Establishment of nitrite limits in water systems used for manufacturing requires regular monitoring through ion chromatography or colorimetric methods [35].

#### 5.1.2. Optimization of Process Parameters

Critical process parameters affecting nitrosamine formation require careful control. Temperature monitoring and control systems prevent localized heating that could accelerate amine degradation. pH control strategies incorporate automated monitoring systems with redundant measurements. Mixing parameters undergo optimization to ensure homogeneous conditions and prevent formation of stagnant zones where nitrosation reactions might concentrate [36].

### 5.2. Chemical Control Measures

#### 5.2.1. Nitrite Scavengers

Ascorbic acid serves as an effective nitrite scavenger through its reduction of nitrous acid to nitric oxide. The incorporation of ascorbic acid requires careful consideration of stoichiometry and stability under processing conditions. Optimal concentrations typically range from 0.1% to 0.5% depending on the risk assessment and processing conditions. The effectiveness of ascorbic acid increases in combination with metal chelating agents that prevent transition metal catalyzed oxidation [37].

#### 5.2.2. Antioxidants

$\alpha$ -Tocopherol shows particular efficacy in preventing nitrosamine formation in lipophilic environments. Its mechanism involves both nitrite reduction and radical scavenging capabilities. The incorporation of  $\alpha$ -tocopherol in formulations requires consideration of its limited water solubility and potential impact on product stability. Synergistic combinations of water-soluble and lipid-soluble antioxidants provide comprehensive protection against nitrosamine formation [38].

### 5.3. Equipment and Facility Controls

#### 5.3.1. Equipment Design

Equipment design modifications minimize potential nitrosamine formation. Implementation of electropolished stainless steel surfaces reduces catalyst effects on nitrosation reactions. Dead-leg elimination in piping systems prevents accumulation of stagnant material. Installation of specialized cleaning ports ensures complete removal of residual amines and nitrites during cleaning operations [39].

#### 5.3.2. Cleaning Validation

Enhanced cleaning validation protocols specifically address nitrosamine risks. Analytical methods for cleaning verification incorporate nitrosamine-specific testing. Establishment of acceptable carryover limits considers potential accumulation through multiple manufacturing campaigns. Implementation of dedicated equipment for high-risk processes provides additional control [40].

### 5.4. Stability Management

#### 5.4.1. Storage Condition Controls

Environmental controls during storage minimize nitrosamine formation potential. Temperature mapping studies identify potential hot spots in storage areas. Humidity control systems prevent moisture-induced degradation reactions. Protection from light exposure reduces photochemically induced nitrosamine formation [41].

#### 5.4.2. Packaging Controls

Selection of appropriate packaging materials prevents nitrosamine formation during storage. Elimination of nitrocellulose-containing materials from primary packaging removes potential nitrite sources. Implementation of moisture-protective packaging systems reduces hydrolytic degradation. Oxygen barrier properties prevent oxidative degradation pathways leading to nitrosamine formation [42].

**Table 3. Preventive Measures and Their Implementation in Pharmaceutical Manufacturing**

| Control Point          | Preventive Measure      | Monitoring Method    |
|------------------------|-------------------------|----------------------|
| Raw Materials          | Supplier qualification  | Supplier audit       |
|                        | Certificate of Analysis | Analytical testing   |
|                        | Nitrite content testing | Ion chromatography   |
| Manufacturing Process  | Temperature control     | Online monitoring    |
|                        | pH monitoring           | In-process testing   |
|                        | Moisture control        | Karl Fischer         |
|                        | Light protection        | Visual inspection    |
| Equipment              | Material compatibility  | Qualification        |
|                        | Cleaning validation     | Swab/rinse testing   |
|                        | Surface treatment       | Surface analysis     |
| Storage & Distribution | Temperature mapping     | Data loggers         |
|                        | Humidity control        | Monitoring devices   |
|                        | Container qualification | Stability studies    |
| Final Product          | Stability testing       | Analytical testing   |
|                        | Accelerated studies     | Stability chambers   |
|                        | Transport simulation    | Temperature trackers |

## 6. Regulatory Guidelines

### 6.1. FDA Guidelines

The U.S. Food and Drug Administration established comprehensive guidelines for nitrosamine control following the 2018 valsartan contamination incident. Current requirements mandate risk assessments for all chemically synthesized drug products. The FDA's approach incorporates a staged assessment process, beginning with identification of potential risks through evaluation of synthetic routes and manufacturing processes. Analytical testing requirements specify method sensitivity capable of detecting nitrosamines at levels below 0.03 ppm. The agency maintains a frequently updated database of acceptable daily intake limits for various nitrosamine species [43].

**Table 4. Acceptable Intake Limits for Different Nitrosamines**

| Nitrosamine | FDA Limit (ng/day) | EMA Limit (ng/day) | WHO Limit (ng/day) | ICH Limit (ng/day) |
|-------------|--------------------|--------------------|--------------------|--------------------|
| NDMA        | 96                 | 96                 | 96                 | 96                 |
| NDEA        | 26.5               | 26.5               | 26.5               | 26.5               |
| NMBA        | 96                 | 96                 | 96                 | 96                 |
| NDIPA       | 26.5               | 26.5               | 26.5               | 26.5               |
| NEIPA       | 26.5               | 26.5               | 26.5               | 26.5               |
| NDBA        | 26.5               | 26.5               | 26.5               | 26.5               |

## 6.2. EMA Directives

The European Medicines Agency implemented a systematic approach to nitrosamine control through Article 5(3) of Regulation EC No 726/2004. This framework requires marketing authorization holders to conduct comprehensive risk evaluations within specified timelines. The EMA's guidelines emphasize prevention through quality-by-design principles and require manufacturers to implement appropriate control strategies based on risk assessment outcomes [44].

## 6.3. Risk Assessment

Risk assessment protocols must consider multiple factors including synthetic route analysis, raw material evaluation, and process parameter assessment. Manufacturers must document potential nitrosamine formation pathways and implement appropriate control measures. The assessment process requires evaluation of both drug substance and drug product manufacturing processes, including consideration of packaging components and storage conditions [45].

**Table 5. Risk Assessment for Formation of Nitrosamines**

| Risk Factor           | Low Risk                        | Medium Risk              | High Risk                             |
|-----------------------|---------------------------------|--------------------------|---------------------------------------|
| Raw Material Source   | Certified supplier with testing | Limited supplier history | New supplier without testing protocol |
| Manufacturing Process | No heat or basic conditions     | Moderate heat exposure   | High heat and basic conditions        |
| Storage Conditions    | Controlled temp & RH            | Partially controlled     | Uncontrolled conditions               |
| API Structure         | No vulnerable groups            | Secondary amines         | Multiple risk factors                 |

## 7. Case Studies

### 7.1. Valsartan

The discovery of NDMA in valsartan products manufactured by Zhejiang Huahai Pharmaceutical marked a turning point in pharmaceutical quality control. Investigation revealed that modification of the tetrazole ring formation process, specifically the replacement of tributyltin azide with sodium azide, created conditions favorable for nitrosamine formation. The presence of DMF as a solvent, combined with sodium nitrite used for azide quenching, led to NDMA formation through dimethylamine generation from DMF degradation [46].

**Table 6. Major Drug Recalls Due to Nitrosamine Contamination (2018-2025)**

| Drug Class              | Active Ingredient | Nitrosamine | Level Found | Regulatory Action |
|-------------------------|-------------------|-------------|-------------|-------------------|
| Sartans                 | Valsartan         | NDMA        | 0.3-20 ppm  | Global recall     |
|                         | Losartan          | NDEA        | 0.1-15 ppm  | Partial recall    |
|                         | Irbesartan        | NDMA        | 0.1-18 ppm  | Selected batches  |
| H <sub>2</sub> Blockers | Ranitidine        | NDMA        | 0.1-40 ppm  | Market withdrawal |
|                         | Nizatidine        | NDMA        | 0.01-5 ppm  | Voluntary recall  |
| Metformin               | Metformin HCl     | NDMA        | 0.1-1.1 ppm | Selected recalls  |
| Rifampin                | Rifampicin        | NDEA        | 0.05-2 ppm  | Batch recall      |
| Varenicline             | Varenicline       | NDMA        | 0.1-3 ppm   | Voluntary recall  |

### 7.2. Ranitidine

Investigation of ranitidine products revealed inherent instability leading to NDMA formation during storage. The presence of both N-methylamine and N,N-dimethylamine groups within the molecular structure created susceptibility to nitrosamine formation.

Temperature-dependent degradation studies showed accelerated NDMA formation under elevated storage temperatures. This case highlighted the importance of considering molecular structure and stability in nitrosamine risk assessment [47].

### 7.3. Metformin

Metformin investigations revealed multiple potential sources of nitrosamine contamination. Process-related formation occurred through interaction between dimethylamine hydrochloride and nitrite-containing water during API synthesis. Additional formation during product manufacturing resulted from excipient interactions and processing conditions. This case shows the complexity involved in the formation of nitrosamine and the need for control measures [48].

## 8. Conclusion

Recent literature had shown previously unknown pathways for nitrosamine formation. The interaction between commonly used excipients and active pharmaceutical ingredients can create unexpected conditions favorable for nitrosamine formation. Understanding these complex mechanisms requires advanced analytical techniques and sophisticated reaction modeling. The role of trace metal catalysis and the influence of environmental factors continue to present analytical and control challenges. Despite significant advances in analytical methodology, achieving consistent detection at increasingly lower levels presents ongoing challenges. Matrix effects in complex formulations can interfere with accurate quantification. The need for high-throughput screening methods that maintain required sensitivity levels drives continued method development. Validation of analytical methods across different pharmaceutical matrices requires extensive collaborative efforts. Development of *in silico* models for predicting nitrosamine formation potential represents a promising research direction. These models incorporate molecular structure analysis, reaction pathway prediction, and stability assessment. Machine learning algorithms trained on extensive databases of known nitrosamine formation cases offer potential for improved risk assessment. Combination of computational techniques with experimental validation strengthens predictive capabilities.

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